

City/Area	Agency Name	Telephone Number	Services
Coachella Valley	Alliance for the Mentally Ill	(760) 779-9461	family support group
Coachella Valley	Coachella Valley Rape Crisis Team	(760) 568-9071	telephone and in-person crisis intervention services for sexual assault survivors and their families. 24 hour hotline
Corona, Norco	Adult Reading Program	(909) 279-3589	basic literacy, one-to-one tutoring, information and referral at Corona Public Library
Corona, Norco	Al-Anon/Alateen	(909) 371-9273	
Corona, Norco	Alcoholics Anonymous	(909) 825-4700	
Corona, Norco	Alternatives to Domestic Violence	(909) 683-0829	assistance for battered spouses
Corona, Norco	Cancer Support Group	(909) 737-7474	for patients and their families. This service, known as H.O.P.E., is offered by Corona Regional Medical Center and is located at the Conference Center on the corner of Belle and 9th Streets. Meetings are the second and fourth Mondays of every month from 7:00 p.m. to 8:00 p.m.
Corona, Norco	Catholic Charities	(909) 485-2185	marriage, family, and child counseling
Corona, Norco	Cocaine Anonymous	(909) 359-3895	
Corona, Norco	Corona-Norco Settlement House	(909) 737-3504	food distribution, thrift store, emergency shelter, network/referral and back to school programs for the homeless and low income
Corona, Norco	Epilepsy Society of the Inland Empire	(800) 332-1000	
Corona, Norco	JEW'L	(909) 279-9777	meets once a week for encouragement aimed at weight loss, light exercises
Corona, Norco	Juvenile Diabetes Foundation	(909) 369-1392	
Corona, Norco	Laryngectomy Mutual Support and Visitor Program	(909) 984-4904	
Corona, Norco	Literacy Services	(909) 657-0796	adult literacy programs and information
Corona, Norco	Maternal and Child Health Services	(909) 272-5445	Riverside County Health Department
Corona, Norco	Mothers of Toddlers Support Group	(909) 736-6376	information and education on the development of children in the toddler stage. Meetings are every Friday from 11:00 a.m. to 12 noon in The Children's Center at 760 Washburn St. Ste. 24
Corona, Norco	Outpatient Diabetes Educational Program	(909) 299-6220	seminars are held from 10:00 a.m. to noon on the fourth Saturday of each month at the Corona Regional Medical Center
Corona, Norco	Riverside Area Rape Crisis Center	(909) 686-7273	hotline
Corona, Norco	Riverside County Drug Abuse Program	(909) 272-5668	outpatient drug abuse treatment, information and referral
Corona, Norco	Tel-Law	(909) 369-3563	free, taped legal information
Corona, Norco	The Children's Center	(909) 736-6376/ 736-6323	Offers various community education classes ranging from free to low-cost: New Mom's Connection, Mother's of Toddlers, S.T.E.P. parenting classes, Boot Camp for New Dads, Nu Parent Classes and Safe Sitters. Also offered: Glitter Group, Breastfeeding Class, Breastfeeding Consults and Infant Safety and CPR.
Desert	Alzheimer's Association	(909) 484-3252	
Desert	American Cancer Society	(760) 568-2691	
Desert	Child Abuse Hotline	(800) 442-4918	Riverside County Department of Public Social Services
Desert	Desert AIDS Project	(760) 323-2118/ (800) 922-2437	information, referral and direct services for anyone concerned with AIDS, hotline and crisis intervention
Desert	Long-term Care Ombudsman Program	(760) 770-9999	assistance to nursing home and board and care residents and family members
Desert	Narcotics Anonymous	(760) 346-5800	
Desert	Planned Parenthood	(760) 775-0777	
Indio	Alcoholics Anonymous	(760) 568-4004	
Indio	Desert Community Mental Health Center	(760) 863-8455	mental health services
Indio	FISH	(760) 347-2119	provides emergency transportation and food supplies, general help
Lake Elsinore, Perris, Sun City	Adult Literacy Program	(909) 657-0796	one-to-one reading tutoring for adults
Lake Elsinore, Perris, Sun City	Alzheimer's Senior Daycare	(909) 672-9536	
Lake Elsinore, Perris, Sun City	Caregivers Support Group	(909) 672-1685	For caregivers of Alzheimer's, Parkinson's, stroke and dementia victims, Sun City Gardens Retirement Community
Lake Elsinore, Perris, Sun City	Hospice of Sun City	(909) 672-1666	medical assistance, bereavement support groups, referral services, counseling
Lake Elsinore, Perris, Sun City	Inland AIDS Project	(909) 784-2437	information, 9:00 a.m. to 9:00 p.m., weekdays, or 9:00 a.m. to 5:00 p.m.

Lake Elsinore, Perris, Sun City	Jurupa Senior Shuttle	(800) 247-9293	transportation program for seniors and disabled to grocery and nutrition sites
Lake Elsinore, Perris, Sun City	Juvenile Diabetes Foundation	(800) 424-0100	
Lake Elsinore, Perris, Sun City	Ombudsman Program	(909) 929-0196	for long-term care facility (board and care and nursing home) residents who have problems
Lake Elsinore, Perris, Sun City	Ostomy Association	(909) 926-2898	help for people who have had or will have colostomy, ileostomy or urostomy surgery
Lake Elsinore, Perris, Sun City	Prenatal Care Guidance Program	(800) 242-7247/ (909) 358-5323	help in acquiring medical care and financial assistance for all pregnant women
Lake Elsinore, Perris, Sun City	Ramona Animal Haven	(909) 654-8002	stray animals accepted
Lake Elsinore, Perris, Sun City	Retired and Senior Volunteer Program	(909) 929-0423	Volunteer opportunities for seniors 55+
Lake Elsinore, Perris, Sun City	Riverside County Department of Public Social Services	(909) 922-7550	child and adult protective services
Lake Elsinore, Perris, Sun City	Shared Housing	(909) 652-3591	provides housing alternatives for seniors and others
Lake Elsinore, Perris, Sun City	Southern Riverside County Family Day Care Association	(909) 678-0100	Child care referrals to licensed family day care homes
Palm Springs	Alcoholics Anonymous	(760) 324-4880	
Palm Springs	Desert Community Mental Health Center	(760) 320-0063	mental health services
Riverside (City)	Action	(800) 367-8336	counseling programs, support groups and referrals for a variety of family crises
Riverside (City)	Adult Survivors of Sexual Assault Support Group	(909) 686-7273	
Riverside (City)	Al-Anon Family Groups	(909) 824-1516	for families and friends of problem drinkers
Riverside (City)	Alcohol and Drug Abuse Education Program	(909) 601-6174	a series of informal talks at Kaiser Moreno Valley Addiction Medicine Department
Riverside (City)	Alcoholics Anonymous	(909) 825-4700	
Riverside (City)	Alliance for the Mentally Ill	(909) 369-1913	support group for friends and family of the mentally ill
Riverside (City)	Alzheimer's	(909) 509-2500	information, free family support, caregiver support groups, education/training seminars, counseling, referrals
Riverside (City)	Alzheimer's Association	(909) 484-3252	
Riverside (City)	American Cancer Society	(909) 683-6415	
Riverside (City)	Association for Retarded Citizens	(909) 688-5141	help and activity programs for retarded adults
Riverside (City)	Birth Choice	(909) 699-9808	pregnancy testing, information and assistance
Riverside (City)	Blind Information	(909) 686-3746	help for visually impaired.
Riverside (City)	Blindness Support Services	(909) 341-9244	information and referral, housing assistance, peer support/adjustment counseling, Braille and tape transcription. Pre-vocational training.
Riverside (City)	Caregiver Support Group	(909) 672-9536	for caregivers and families with members suffering from Alzheimer's and other related illnesses
Riverside (City)	Caregivers Support Group	(909) 478-6128	support group for those assisting disabled or mentally ill people
Riverside (City)	Catholic Charities	(909) 485-2185/ 370-1293	marriage, family, child counseling
Riverside (City)	Childhood Cancer Family Support Group	(909) 682-2753	
Riverside (City)	Children with Attention Deficit Disorder (C.H.A.D.D.)	(909) 678-7452/ 304-1623	
Riverside (City)	City of Hope	(909) 677-6240	
Riverside (City)	Cocaine Anonymous	(909) 359-3895	hotline
Riverside (City)	Community Outreach Ministry	(909) 698-7650	offers referral services to individuals or families requiring emergency services and crisis intervention: food, clothing, shelters, work force development, holiday baskets, mentoring, care groups, case management, etc.
Riverside (City)	Compassionate Friends	(909) 683-4160	a self-help organization for bereaved parents: days and evenings until 8:00 p.m.
Riverside (City)	Consumer Credit Counseling Service of the Inland Empire	(909) 781-0114	free counseling to those in financial difficulty
Riverside (City)	Crisis Intervention and Suicide Prevention	(909) 686-4357	
Riverside (City)	Daughters and Sons United	(909) 358-3615	group treatment for child victims of incest
Riverside (City)	Depressive and Manic Depression Self-help Group	(909) 780-3366	
Riverside (City)	DivorceCare	(909) 677-9368	support group for separated or divorced

Riverside (City)	Early Start Interagency Council	(800) 974-5553	information and referral for families who have children at risk, experiencing developmental delays or who have disabilities, ages 0-36 months.
Riverside (City)	Families and Friends of Murder Victims	(909) 987-9804/ 987-9805	
Riverside (City)	Family Service Association	(909) 686-3706	personal and family troubles
Riverside (City)	Food Addicts Anonymous	(909) 695-9181	
Riverside (City)	Health Insurance Counseling Advocacy Program (HICAP)	(909) 676-5155/ 694-6464	counseling to seniors and Medicare beneficiaries with questions about medicare, HMOS, supplemental and long term health insurance
Riverside (City)	Inland Counties Legal Services	(909) 683-7742	
Riverside (City)	Jurupa Senior Shuttle	(800) 247-9293	transportation program for seniors and disabled to grocery and nutrition sites
Riverside (City)	Jurupa Stake Family History Center	(909) 360-8547	genealogical research and information
Riverside (City)	Juvenile Diabetes Foundation	(909) 369-1392	
Riverside (City)	Kids are Special People	(909) 687-1037	support group for parents of children prenatally exposed to drugs
Riverside (City)	Learning Center	(909) 242-0080	free educational testing and tutoring with medical insurance
Riverside (City)	Literacy Services	(909) 688-9302	adult literacy programs and information
Riverside (City)	Long-term Care Ombudsman Program	(909) 686-4402	assistance to nursing home and board and care residents and family members
Riverside (City)	Lutheran Social Services	(909) 689-7847	emergency food, clothing and shelter; marriage, family and child counseling
Riverside (City)	MFI Recovery Center	(909) 683-6596	provides free services and support groups covering diverse social service issues such as recovery from abuse, anger management and parenting education.
Riverside (City)	National Stuttering Project	(909) 247-7156	
Riverside (City)	Option House	(909) 381-3471	legal services for victims of domestic violence
Riverside (City)	Ostomy Association	(909) 926-2898	help for people who had or will have colostomy, ileostomy or urostomy surgery.
Riverside (City)	Overeaters Anonymous	(909) 780-6122/ 353-1207	have a Big Book Study from 10 a.m. to 11:30 a.m. every Wednesday at 688 Peachwood Place
Riverside (City)	Pain Support Group	(909) 794-8400	for sufferers of chronic pain
Riverside (City)	Palm Springs Stroke Activity Center	(760) 323-7676	free rehabilitation for stroke patients.
Riverside (City)	Parents of Runaway Children	(909) 351-0179/ 987-1275	
Riverside (City)	Parents United	(909) 358-3615	Support group, dealing with child sexual abuse, for perpetrating and non-offending parents.
Riverside (City)	Parents Without Partners	(760) 726-1200	
Riverside (City)	Patients Information Library	(909) 782-3783	offers books, videos and other information on a variety of medical topics.
Riverside (City)	Phone Alert League	(909) 351-8801	daily telephone calls to senior citizens and handicapped people.
Riverside (City)	Pills Anonymous	(909) 784-3563	
Riverside (City)	Planned Parenthood	(909) 682-8540	
Riverside (City)	Prescription Drugs Anonymous	(909) 784-3563	
Riverside (City)	Prostate Cancer Support Group	(909) 682-2753	
Riverside (City)	Retired and Senior Volunteer Program	(909) 929-0423	Volunteer opportunities for seniors 55+
Riverside (City)	Riverside Alanon Club	(909) 351-0100	activities and support for recovering alcoholics and their families.
Riverside (City)	Riverside Area Rape Crisis Center	(909) 686-7273	hotline
Riverside (City)	Riverside County Alcohol/Substance Abuse Program	(909) 955-2125	provides outpatient services to people suffering from alcohol and drug abuse.
Riverside (City)	Riverside County Family Child Care Association	(909) 715-4866	
Riverside (City)	Riverside Hospice, Bereavement Center and Companion Connection	(909) 274-0710	assistance for the frail elderly, counseling and bereavement support groups.
Riverside (City)	Salvation Army	(909) 784-4490	emergency food and help
Riverside (City)	Salvation Army	(909) 784-4495	free child care for those who qualify
Riverside (City)	Self-Help for the Hearing Impaired	(909) 677-9114	support group
Riverside (City)	Sickle Cell Organization	(909) 684-0420	screening, counseling, medical referral
Riverside (City)	Smart Recovery	(909) 275-8275	secular group for referral and self-help for chemical dependency
Riverside (City)	Stroke Support Group	(909) 672-8533	
Riverside (City)	Supporting One Another	(909) 688-2211, ext. 1343	breast cancer support group
Riverside (City)	Survivors	(909) 358-3615	group therapy for adults molested as children.
Riverside (City)	Tel-Law	(909) 369-3563	free, taped legal information
Riverside (City)	Thursday's Child	(909) 927-8384	information and support group on child support issues.
Riverside (City)	Transportation Specialists	(800) 247-9293	Intercity transportation for senior citizens, persons with disabilities and U.S. veterans
Riverside (City)	Trichotillomania (hair pullers) support group	(909) 781-0548/ 796-4304	

Riverside (City)	United Way of the Inland Valley	(909) 679-4700	
Riverside (City)	Whiteside Manor, Inc.	(909) 682-6631	provides services to women recovering from alcohol and drug abuse, men's services 788-9515; dual diagnosis 343-9485
Riverside (City)	Women in Abusive Relationships	(909) 699-3024	support group
Riverside (City)	Women Veterans Trauma Recovery Program	(909) 422-3054	counseling to women veterans for problems related to sexual harassment, assault or trauma during combat support duty
Riverside (City)	Women's Alcohol Detoxification Services	(909) 788-9515	
Riverside (City)	Youth Service Center	(909) 683-5193	counseling, runaway intervention, campus outreach
Riverside (City)	YWCA Women's Re-entry Opportunities	(909) 688-5531	counseling for women in transition, including job and college preparation.
Riverside County	"Young Et Heart"	(909) 688-6700	arthritis support group for sufferers 16-40
Riverside County	Adult Literacy Program	(800) 464-1123	free assistance with reading, writing and math
Riverside County	AIDS hotline	(800) 922-2437	California Department of Health Services
Riverside County	Alcoholics Anonymous	(909) 825-4700	
Riverside County	All United Beautiful Minds	(909) 883-7200	fight's stigma of ADD, OCD, bipolar, Tourette's syndrome and mental illness
Riverside County	ALS (Lou Gehrig's Disease) Support Group	(909) 558-2128	
Riverside County	Alternatives to Domestic Violence	(909) 683-0829	assistance for battered spouses
Riverside County	Alzheimer's Association of Riverside and San Bernardino Counties	(800) 660-1993	
Riverside County	American Cancer Society	(800) 227-2345	cancer information, patient services and referrals
Riverside County	American Red Cross	(909) 328-0013	food, clothing, and shelter to victims of small/large disasters, CPR/First-Aid Training, disaster preparedness training and education, sports safety
Riverside County	C.A.R.E	(909) 791-3446	addresses elder abuse through education and training, serves elders over the age of 60 and dependant adults between the ages of 18 and 59
Riverside County	California Council on Problem Gambling	(800) 522-4700	24 hour help line
Riverside County	Cancer Self-Help Groups	(800) 227-2345	for patients, family members or caregivers
Riverside County	Child Abuse Hotline	(800) 442-4918	
Riverside County	Childhelp USA	(800) 422-4453	National Child abuse Hotline
Riverside County	Children Services Unit	(800) 442-4927/ (909) 788-6626	referrals to child-care and day-care homes
Riverside County	Chronic Fatigue and Immune Dysfunction Syndrome	(800) 442-3437	support group networks or general information
Riverside County	Community Associations Institute	(909) 784-8613	information and education for community association homeowners, board members, and managers
Riverside County	Consumer Credit Counseling Service of the Inland Empire	(800) 947-3752	free counseling to those in financial difficulty
Riverside County	Covenant House	(800) 999-9999	crisis help line for homeless, abused or runaway youth
Riverside County	Cystic Fibrosis	(714) 938-1393	information and assistance
Riverside County	Desert Sierra Breast Cancer Partnership	(800) 511-2300	provides free mammograms and clinical breast exams to women forty years of age and older that qualify
Riverside County	Dispute Resolution Center	(909) 955-4903	low cost mediation services to all county residents
Riverside County	Domestic Violence Advocacy Project	(800) 226-4257/ 977-4257/ (888) 805-6455	free legal services to qualifying low income persons and seniors. Help with restraining orders, divorces and child support related to domestic violence
Riverside County	Easter Seals	(909) 888-4125	offers services and information for children and adults with disabilities
Riverside County	Elder Fraud Information and Referrals	(800) 510-2020	senior help line, Riverside County Office on Aging
Riverside County	Epilepsy Society of the Inland Empire	(800) 332-1000	
Riverside County	Facilitator/Mediator	(909) 848-0291	certified and available to facilitate dialogue on various topics important to your group and the community as a whole at no charge
Riverside County	Fair Housing Program of Riverside County	(909) 682-6581/ (800) 655-1812	help with housing, discrimination, landlord-tenant disputes
Riverside County	FEMA	(800) 462-9029	Federal Emergency Management Agency helpline, information regarding disaster assistance
Riverside County	Flanagan West	(909) 924-1738	homeless veterans outreach, information and referral services
Riverside County	Foster Grandparent Program	(909) 929-0423	foster grandparents give supportive assistance to children in elementary schools
Riverside County	Gay and Lesbian Center of Riverside County	(909) 882-4488	
Riverside County	Grandparent Program Warmline	(800) 303-0001	provides custodial grandparents and relative caregivers with referral services to community resources, social service programs and/or support groups
Riverside County	HICAP	(800) 434-0222/ (909) 697-6560	Health Insurance Counseling Advocacy Program, counseling to seniors and Medicare beneficiaries with questions about Medicare, HMOS, supplemental and long term health insurance
Riverside County	Impotents Anonymous	(800) 669-1603	
Riverside County	Inform Riverside County	(800) 464-1123	links people with services

Riverside County	Inland Agency Community Peace Program	(909) 697-6565	helps schools, homes and communities build peace and prevent youth violence through school-based programs, outreach, educational workshops and consulting services
Riverside County	Inland AIDS Project	(800) 499-2437/ (909) 734-2437	information, referral and direct services for anyone concerned with AIDS, hotline and crisis intervention
Riverside County	Inland Counties Legal Services	(888) 455-4257	free tenant housing hotline staffed by legal advocates assisting with eviction/housing issues. Free legal assistance to low-income and seniors.
Riverside County	Inland Empire New Voices	(909) 734-0589	support group for people who have had laryngectomies and their families. Meets every second Sunday of the month.
Riverside County	Inland Empire Single Parents	(909) 353-0797	support, education, and discussion groups. Physical custody of children is not required
Riverside County	Jewish Family Services of the Inland Communities	(909) 784-1212	information and assistance with emphasis on seniors
Riverside County	Kinship Support Services Program	(909) 672-9673	providing support services for relatives as parents. Services offered are parenting, support groups, resources and referral services. Meets every third Wednesday of the month.
Riverside County	La Leche League of Riverside County	(909) 422-3633	information and meetings regarding breastfeeding
Riverside County	Leukemia and Lymphoma Society of America	(909) 689-6153/ (888) 535-9300	offers information, services, and support groups for Lymphoma, Multiple Myeloma, Hodgkins Disease and Melodysplasia Syndromes
Riverside County	Literacy Services	(909) 657-0796	adult literacy programs and information
Riverside County	Long-term Care Ombudsman Program	(800) 464-1123	assistance to nursing home and board and care residents and family members
Riverside County	Look Good...Feel Better	(800) 227-2345	program for women undergoing chemotherapy for cancer treatment
Riverside County	Loving Support Breastfeeding Hotline	(888) 451-2499	free breastfeeding help (English/Spanish). Free Prenatal Packet
Riverside County	Lupus Support Group	(909) 875-2564	
Riverside County	MADD	(909) 766-8802	Mothers Against Drunk Driving, crisis intervention, court accompaniment, information and referrals
Riverside County	Maternal Child & Adolescent Health Services Referral Line	(800) 794-4814	
Riverside County	Multiple Sclerosis Association of America	(800) 833-4672	
Riverside County	National Eye Care Project	(800) 222-3937	eligible callers will be referred to a nearby eye physician and surgeon who will provide the care at no out-of-pocket cost. Person must be age 65 or older and unable to pay for the care.
Riverside County	National Herpes Hotline	(919) 361-8488	a pre-recorded directory of information
Riverside County	National Multiple Sclerosis Society	(800) 752-1773/ (909) 307-3388	information and support for people with MS and their families.
Riverside County	Nicotine Anonymous	(909) 782-0329	support group for people trying to quit smoking
Riverside County	Nursing Home Crisis Line	(800) 231-4024	24-hour crisis line for residents or family members who need immediate assistance or information
Riverside County	Obsessive/Compulsive Disorder Help Line	(909) 796-3412	provides information and referrals
Riverside County	Overeaters Anonymous	(909) 715-2080	
Riverside County	Prenatal Care Guidance Program	(909) 358-5323	help in acquiring medical care and financial assistance for all pregnant women
Riverside County	Psychologist Reference Service	(800) 426-1113	referrals to clinical psychologists
Riverside County	Rape Crisis Center	(909) 686-7273	child and teen abuse prevention, senior outreach, Hispanic outreach
Riverside County	Reach to Discovery	(800) 227-2345	program for women diagnosed with breast cancer
Riverside County	Riverside Area Rape Crisis Center	(909) 686-7273	24-hour hotline, hospital accompaniment and short-term counseling for rape and sexual assault survivors and their families
Riverside County	Riverside County Department of Community Action	(909) 955-4903	Dispute resolution program offers assistance in disputes with neighbors, tenants, small claims, consumer-business and other issues.
Riverside County	Riverside County Department of Health	(800) 706-7500	offers services and treatment for people who experience severe depression and other mental conditions. Medi-Cal recipients are eligible for services. All calls are completely confidential.
Riverside County	Riverside County Department of Mental Health Services	(909) 358-4705	
Riverside County	Riverside County Department of Public Social Services	(909) 955-6400	information and referral services, adoptions
Riverside County	Riverside County Department of Public Social Services	(909) 358-3700/ 272-5400	
Riverside County	Riverside County Family Child Care Association	(909) 715-4866	information, referrals
Riverside County	Riverside County Office on Aging	(800) 510-2020	offers senior peer counseling
Riverside County	Riverside County Veterans Service	(909) 955-6050	assistance for veterans, dependents and survivors
Riverside County	Scleroderma Support Group	(909) 735-2724	support group for scleroderma patients and their families
Riverside County	Senior Companion Program	(909) 929-0423	Companions provide assistance and friendship to isolated or homebound seniors
Riverside County	Senior Ombudsman Service and Shared Housing	(909) 686-4402	provides information and assistance, coordination of services and housing alternatives.
Riverside County	State Office of Consumer Affairs	(800) 952-5210	investigates various complaints against businesses
Riverside County	Stuttering Foundation of America	(800) 992-9392	
Riverside County	Survivors of Incest Anonymous	(410) 893-3322	12 step program for adult survivors of incest

