



HWS HOUSING AND
WORKFORCE
SOLUTIONS
ENGAGE. ENCOURAGE. EQUIP.



"Foster Care Awareness"

Multidisciplinary Approaches to End Homelessness

A Continuum of Care Division Webinar Series

Please sign in by typing your full name, title, and organization into the webinar chat box.

About the Webinar Series

PURPOSE

These Webinars provide an opportunity to engage with local and regional experts on best practices, advocacy tools and resources available to prevent and end homelessness.

RECORDED WEBINARS

After the live webinar has taken place, the recording will be added to our website.

UPCOMING WEBINARS

We are working on securing speakers for future webinars and would love to feature you or your agency.

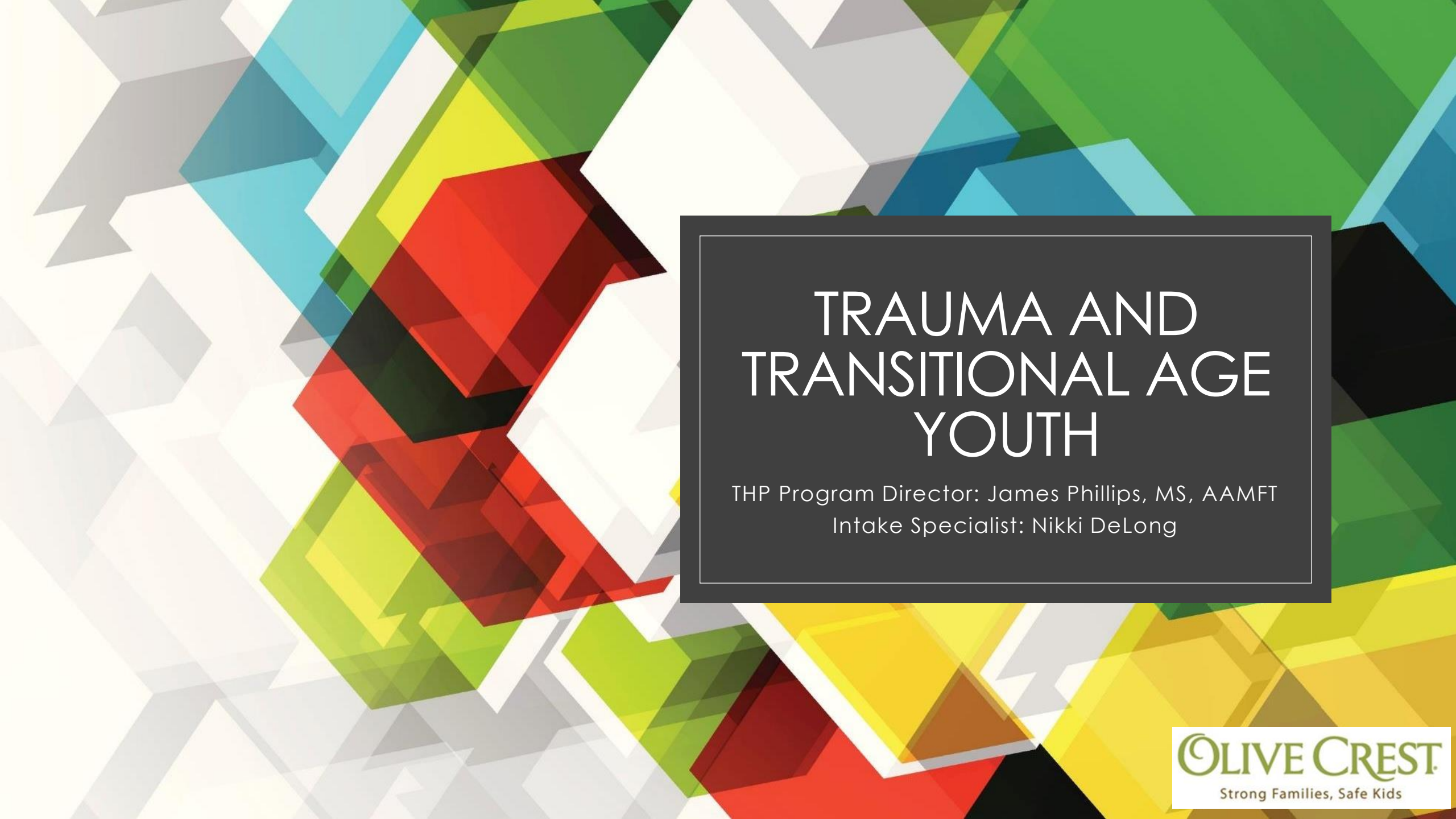
Email CoC@rivco.org if interested.

Please sign in by typing your full name, title, and organization into the webinar chat box.

Today's Agenda

10:00 - 10:05 AM	Welcome	HWS - Continuum of Care Staff: Emma Perez-Singh, Administrative Services Manager
10:05 - 10:30 AM	Olive Crest	Nikki DeLong, Intake Specialist & James Phillips, Program Director
10:30 - 10:55 AM	Foster Youth Support Network - RCC District	Christopher Dech, Project Director & Kimberly Thomas, Student Resource Specialist
10:55 - 11:00 AM	Q&A: Please type your questions in the chat box. We will answer as many questions as possible at the end of the webinar.	

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TRAUMA AND TRANSITIONAL AGE YOUTH

THP Program Director: James Phillips, MS, AAMFT
Intake Specialist: Nikki DeLong

Youth Experiences Impact Development

- Every event in a child/youth's life impacts them in some form or fashion, and the outcomes are often a result of the support (or lack thereof), they have in their present situation, that determines their response even when the trigger(s) may not be apparent to them or those around them.



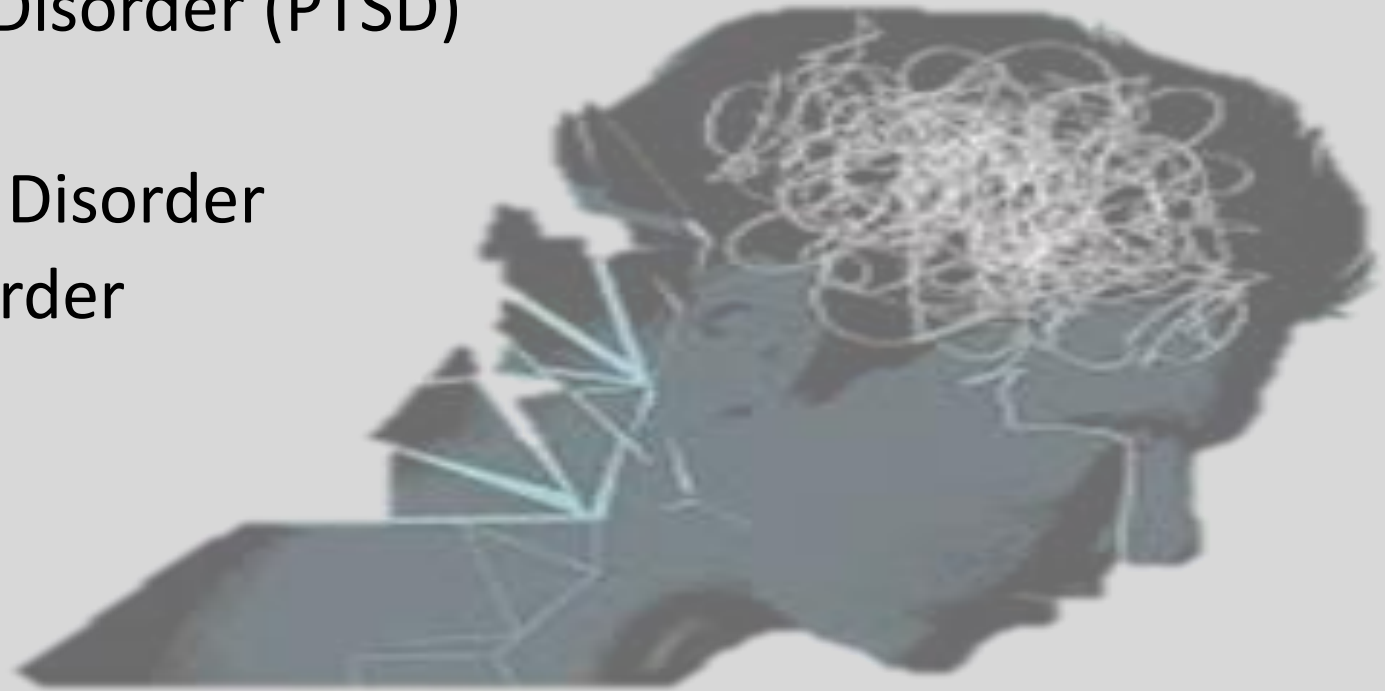
- Youth entering Transitional Housing Programs often arrive with baggage (literally and figuratively). It is then placed on the program to explore ways to best assist them in their current phase of life.....learning how to become productive adults while also managing strongholds including, traumatic triggers, maturity, possible substance abuse, peer pressure, mental health stability, lack of familial support, etc.

Factors Contributing to Initial/ Ongoing Trauma (this is not an exhaustive list)

- Abuse- all forms
- Neglect
- Substance use- all types
- Homelessness
- Grief and loss- initial removal from biological home
- Dislocation/instability- several placement moves
- Failure of those in charge
- Peer related issues/ inappropriate peer bonding
- Domestic violence
- Incarceration
- Self-sabotage
- Acceptance - socially/ familial
- Social media- bullying/ perception of self

Common Diagnoses for TAY Population

- Post-Traumatic Stress Disorder (PTSD)
- Bi-Polar Disorder
- Oppositional Defiance Disorder
- Major Depressive Disorder
- Conduct Disorder



- Most often followed by psychotropic medication which also impacts how the youth perceives themselves leading to them refusing medication as well as any form of therapeutic services. If they are in therapy, often they feel it has been forced on them and they have no authority over their mental health.

Concerns Impacting Youth Placement in Transitional Housing Programs

- Traumatic life experiences
- Mental health conditions/ diagnosis
- Time spent away from biological family/ family support
- Time spent in STRTP/ FFA environment
 - Reasons for removal (if any)
 - Behavior management during placement
 - Exposure to other behaviors
- Historical/ current support
- Youth's lack of resilience
- Youth's motivational level
- Youth's ability to process, acknowledge responsibility/ accountability
- Current law enforcement involvement

How THP Placements Provide Support Towards Mental Stability and Progress

○ THP provides opportunities for youth to slowly, but progressively, exit out of survivor mode, while attempting to prepare them for independence and adulthood. Below are strategic implementations to assist youth 18-21 years of age as they move through our Transitional Housing Placement Program:

- Provide weekly support for youth
- Assist them in focusing on stability
- Structure- new ways of managing stability
- Conflict resolutions skills- to address peer/ authority concerns
- Communication skills- learning/using adaptive communication appropriately
- Referral to mental health services/ substance abuse services
- Independent Living Skills
- Assist in learned resiliency- Awareness of ability to exit “survival mode” thinking



Thank
you

OLIVE CREST
Strong Families, Safe Kids

Foster Youth Support Network

Riverside Community College District

RCCD

RIVERSIDE COMMUNITY
COLLEGE DISTRICT

MORENO VALLEY COLLEGE | NORCO COLLEGE | RIVERSIDE CITY COLLEGE

CA Foster Youth Data

Foster Youth are suspended/excluded from high school at nearly three times the rate of non-foster students

Only 54 percent of foster youth students complete high school in four years, compared to 83 percent of the general student population

85% of foster youth apply to a California Community College, but only about 50% actually enroll

Average GPA for foster youth in first year of college is 25 percent lower and they earn one-third fewer credits than non-foster peers

Goals



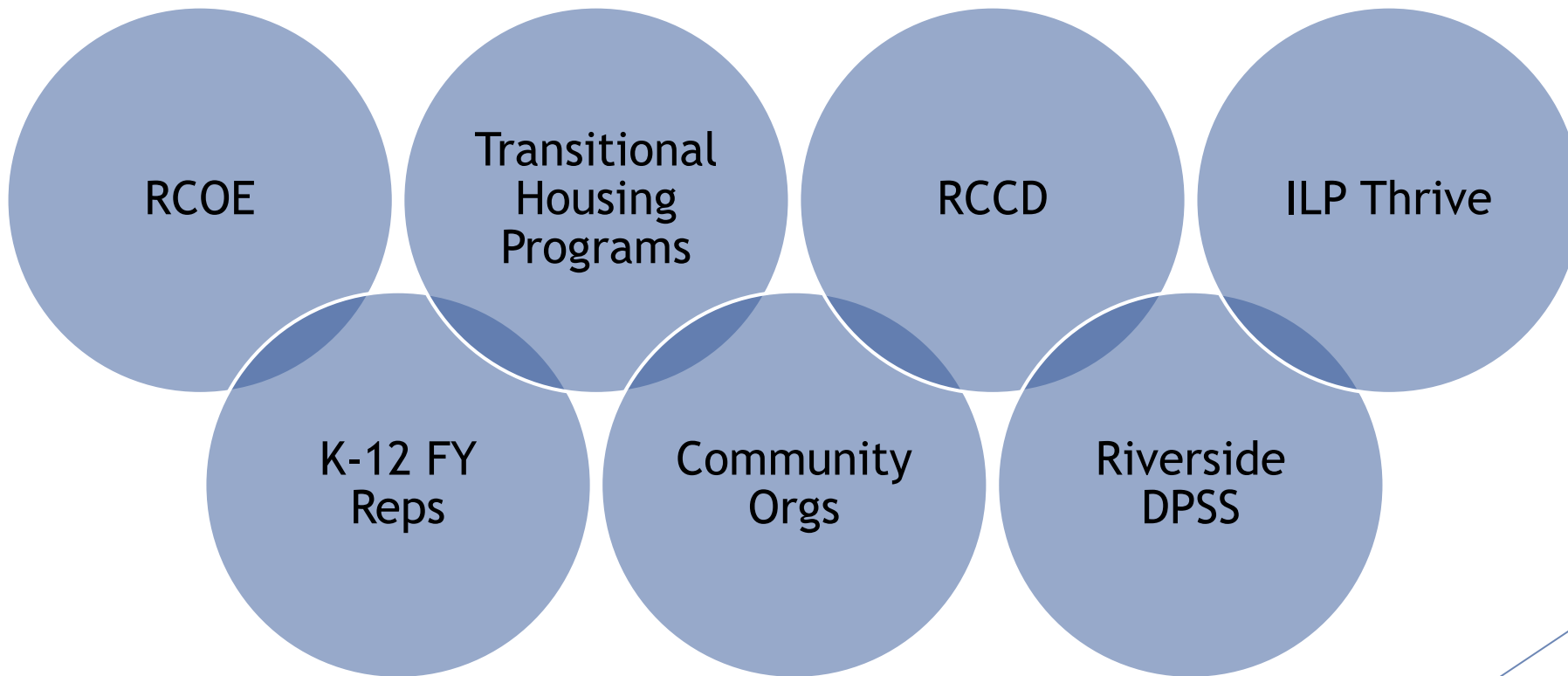
Develop and maintain a regional framework that supports inter-agency collaboration for foster youth



Provide direct college transition support for foster youth in feeder high schools

Agency Collaboration

RCOE-RCCD Executive Advisory Council



Transition Support:

College Resource Specialists Embedded in Feeder High Schools



Moreno Valley USD
Val Verde USD



Corona-Norco USD



Alvord USD
Jurupa USD
Riverside USD



High School Focus

Identify careers of interest and associated postsecondary pathways | Plan high school coursework and monitor progress toward completion of “a-g” requirements | Learn about financial aid options to make college more affordable

9th Strategies for Success, Knowing your Resources, and Career Exploration

- Success, School, Self (9.1)
- Time and Time Management (9.2)
- Past and Future Me: Career Investigation (9.3)
- Past and Future Me: Revised High School Plan (9.4)
- Past and Future Me: Reflection and Annual SMART Goal Development (9.5)
- Family Lesson: My Schools Resources (9.6)

10th Connecting Careers to Course Offerings, Pathways, and Degrees

- Resources for Finding a Career (10.1)
- Family Lesson: Paying for College (10.2)
- Career Research Project: Career Research (10.3)
- Career Research Project: College Research (10.4)
- Career Research Project: Conclusion (10.5)
- Reflection and Goal Setting (10.6)

11th Planning for Life After High School

- Researching Postsecondary Options (11.1)
- Planning to Meet Deadlines (11.2)
- Family Lesson: Resiliency (11.3)
- Financial Aid Vocabulary (11.4)
- Who Are You? (11.5)
- Family Lesson: "Home" After High School (11.6)
- Writing Your Best Resume (11.7)
- Scholarships (11.8)
- Reflection and Goal Setting (11.9)

12th Time to Transition: Launching Your Plan!

- College Applications (12)
- Family Lesson: Applying for Financial Aid (12.1)
- Solidifying the College List (12.2)
- College Essays (12.3)
- Planning for Community College Bound Students (12.4)
- Planning for 4-Year Bound Students (12.5)
- Reflection and Goals Setting (12.6)

By leveraging the resources of CaliforniaColleges.edu, students will be prepared to more smoothly navigate the transition from high school to college and career!



Transition Services

College and Career Preparation (CCGI)

Completing college applications

Filling out FAFSA/Chafee/CADAA

Follow-through on required financial aid forms

Assistance with matriculation and registration

Connections to resources in the community (housing, basic needs)

Provide warm hand-off to campus support program (Guardian Scholars/NextUp)

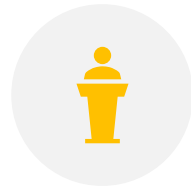
Foster Youth College Welcome Days



Program
Orientation



Campus Tours



Keynote
Speakers



Peer networking



College
App/FAFSA
completion

Foster Youth Dual Enrollment Project

Riverside City College

Students take a college course while in high school

Earn high school and college credit simultaneously

Open to foster youth in Alvord, Jurupa, and Riverside USD

Assistance with approval forms and enrollment

Weekly progress check-in's

\$300 stipend for every dual enrollment class successfully completed

FYSN Impact (2018-2021)

5,317 services to 1,131 foster youth (grades 9-12)

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graph TD; A[5,317 services to 1,131 foster youth (grades 9-12)] --> B[494 foster youth from service area registered in RCCD]; B --> C[400 foster youth from outside service area registered in RCCD];
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494 foster youth from service area registered in RCCD

400 foster youth from outside service area registered in RCCD

Campus Program Spotlight

Phoenix Scholars/Next Up - Norco College



Norco College's Phoenix Scholars program creates a welcoming and supportive environment for current and former foster youth. Our goal is to empower students to reach their full potential to achieve academic, personal and career goals. Phoenix Scholars promotes self-advocacy by establishing meaningful connections and a support network within the Norco College campus community.

Program Eligibility

- Complete the Phoenix Scholars program application
- Must provide court dependency letter with at least one day of foster care from 0-18 years old (e.g. foster home, group home, or placed with court)
- Complete FAFSA/DREAM application
- Meet the requirements to be eligible for EOPS





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Services

Professional staff and peer mentors, in partnership with a variety of on-campus departments and external agencies, work to meet our students' academic and personal needs. We offer:

- Counseling Services (Academic, Personal, and Career counseling)
- Financial Aid Priority Processing (FAFSA application assistance, grants and scholarships)
- Funds to buy required textbooks
- Semester meal card/grocery card
- Transportation assistance (Gas Card)
- College Transfer Assistance (transfer counseling services, college tours, refer
- Graduation Cap, Gown and Phoenix Scholar's Stole
- Referrals to campus and community resources
- Access to Campus Food closet/CalFresh
- Access to Scholarships
- Stipends and Incentives





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Questions & Comments

Next Webinar: June 16th 2022
on Fair Housing