



"Behavioral Health"

Multidisciplinary Approaches to End Homelessness

A Continuum of Care Division Webinar Series

About the Webinar Series

Purpose

These webinars provide an opportunity to engage with local and regional experts on best practices, advocacy tools and resources available to prevent and end homelessness in Riverside County.

Recorded Webinars

After the live webinar has taken place, the recording will be added to our website.

Upcoming Webinars

We are working on securing speakers for future webinars and would love to feature you or your agency.

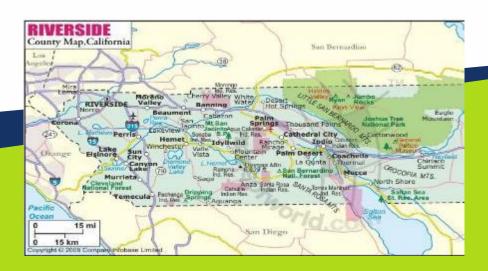
Email <u>CoC@rivco.org</u> if interested.

Agenda for Today

10:00 - 10:05 AM	Welcome	HWS - Continuum of Care Staff: Tanya Torno, Deputy Director
10:05 - 10:30 AM	Mental Health Services Act (MHSA)	Tonica Robinson, Mental Health Services Program Manager
10:30 - 10:55 AM	HHOPE	Marcus Cannon, Deputy Director, Forensics
10:55 - 11:00 AM	Q&A: Please type your questions in the chat box. We will answer as many questions as possible at the end of the webinar.	

Mental Health Services Act Annual Plan Update FY 2022-23

Riverside University Health System Behavioral Health



What is MHSA?

- 2004 CA voter approved ballot proposition (Prop 63)
- 1% income tax on incomes over \$1 million
- Funds are divided across counties and used to "transform" public MH services
- MHSA has rules (regulations) about the limits and possibilities of how the money can be used
- CANNOT pay for involuntary programs, supplant existing funds (November 2004), or SAPT programs (unless COD, and some prevention and early assessment)
- Essential Element: Community Collaboration



Community Collaboration: MHSA Stakeholder Process

- Community Program Planning Process
- Feedback accepted all year round
- Formalized at start of calendar year
 - Presentations at our network of community groups
- Two types of MHSA plans
 - 3-Year-Plan
 - Annual Update



MHSA Frame

5 Components:

- 1. Community Services and Supports (CSS)
- 2. Prevention and Early Intervention (PEI)
- 3. Innovation (INN)
- 4. Workforce Education and Training (WET)
- 5. Capital Facilities and Technology (CF/TN)



CSS

- Largest Component
- Integrated mental health and support services to children/TAY and adults/older adults whose needs not met by other funds
- Full Service Partnerships (FSP) Over 50%
- Clinic expansion includes adding Peer Support, specialized evidence based treatments
- Also includes Housing/HHOPE, Crisis System of Care and Mental Health Courts/Justice Involved programs
- Riverside Workplans: 01-Full Service Partnership; 02-General Service Development; 03-Outreach & Engagement and Housing



PEI

- Next largest component
- Reduce stigma related to seeking services, reduce discrimination against people with a diagnosis, prevent onset of a SMI
- Early intervention for people with symptoms for one year or less or do not meet criteria for a diagnosis; low intensity, short term intervention
- Services for youth under age 25 51%
- Riverside Workplans: 1) MH Outreach, Awareness, & Stigma Reduction; 2) Parent Education & Support; 3) Early Intervention for Families in Schools; 4) TAY Project; 5) First Onset for Older Adults; 6) Trauma Exposed Services; 7) Underserved Cultural Populations



WET

- Original WET funds were 1-time funds that lasted 10 years. Expired 2018.
- Continued plans funded through a portion of CSS dollars
 - Grant: CA Dept of Health Care Access & Information (formerly OSHPD)
- Recruit, retain, and develop the public mental health workforce
- Riverside Workplans: 1) Workforce Staffing Support; 2) Training & TA; 3) Mental Health Career Pathways; 4) Residency & Internship; 5) Financial Incentives for Workforce Development

Behavioral Health

INN

- Funded out of CSS and PEI
- Used to create "research projects" that advance knowledge in the field; not fill service gaps
- Time limited: 3-5 years.
- Requires additional State approval to access funds
- Current Riverside Workplans: CSEC Mobile Team; Tech Suite (Help @ Hand)
- Starting process for new plan proposals



CF/TN

- The last CF/TN funds were allocated in 2013-2014, but a portion of CSS funds can be used to address new workplans
- Improve the infrastructure of public mental health services: buildings and electronic programs.
- Projects in the 3-Year Plan (FY 20/21-22/23):
 - Roy's Desert Oasis NOW open!
 - Arlington Recovery Community NOW open!
 - Riverside Safehaven Renovation Starting in spring 2022!
 - MH Rehabilitation Center Expansion 21 more beds in 2022!
 - Restorative Transformation Center Opens summer 2022!
- Plan addition: Hemet Recovery Village



What's Next: Public Posting & Hearing

- April: 30 day posting. May: Public Hearing
- All comments are documented: Both the verbal and written comments
- Public Hearing comments are reviewed by the Behavioral Health Commission
- The original comment and the response are added to the plan

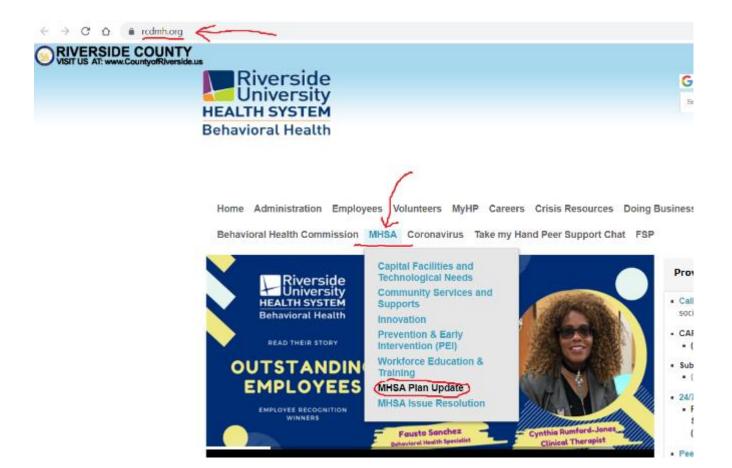


COVID-19 and Public Hearing

- Due to gathering restrictions, there was no in-person public hearing in 2020 or 2021.
- Instead, videos of the MHSA Plan Presentation were posted on all RUHS-BH social media; one in English (included ASL) and one in Spanish.
 - Also available on DVDs
 - Included a MHSA Plan Feedback voice mail number
- Same model as last 2 years Very Successful!
 - 2020 3-Year-Plan: Seen by over 16,000 county-wide
 - 2021 Annual Update: Seen by over 12,000 county-wide
- Potential hybrid in 2022!



RCDMH.org





Contact Info

- MHSA@ruhealth.org
- MHSA Admin: 951-955-7198
- MHSA Admin: David Schoelen
 - DSchoelen@ruhealth.org
- PEI: Diana Gutierrez
 - DAGutierrez@ruhealth.org
- WET: Vacant (in recruitment)
- INN: Toni Robinson
 - TonicaRobinson@ruhealth.org









Riverside University Health System – Behavioral Health

CARES Line

- Access, screening, and referral
 - Mental Health
 - Therapy
 - Groups
 - Medication
 - Case Management
 - Substance Use services
 - Residential Treatment (aka rehab)
 - Withdrawal Management (aka detox)
 - Outpatient Treatment
- (800) 499-3008



Mental Health Urgent Care (MHUC)

- <u>24/7 Mental Health Urgent Care</u> (24 hr length of stay)
 - Riverside: (951) 509-2499
 - Palm Springs: (442) 268-7000
 - Perris: (951) 349-4195
- Crisis Residential Treatment (CRT)
 - Riverside
 - Temecula
 - Indio



Arlington Recovery Community (ARC) & Sobering Center

- 24/7 Sobering Center for Currently Intoxicated Individuals
- Residential Substance Use Treatment
- Withdrawal Management
- (951) 358-4382



Education & Suicide Prevention

HELPLine - 24 Hour Crisis/Suicide Intervention

The HELPline is a free, confidential Crisis/Suicide Intervention service. Operated by highly trained volunteers, the line is open 24-hours a day, seven days a week.

Phone: (951) 686-HELP (4357)

National Suicide Prevention Lifeline

By calling 1-800-273-TALK (8255) you'll be connected to a skilled, trained counselor at a crisis center in your area, **anytime 24/7.**

Phone: (800) 273-TALK (800-273-8255)

Spanish line: (888) 628-9454 TTY: (800) 799-4TTY (4889)

Veterans Crisis Line

The Veterans Crisis Line is a Department of Veterans Affairs (VA) resource that connects Veterans in crisis or their families and friends with qualified, caring VA professionals. Confidential support is available 24 hours a day, 7 days a week.

Phone: (800)-273-8255 Press 1

The Trevor Lifeline

National organization providing crisis and suicide prevention services to lesbian, gay, bisexual, transgender and questioning (LGBTQ) Youth 866-4-U-TREVOR (866-488-7386)





Coordinated Entry System (CES) HomeConnect

HomeConnect is a County-wide coordinated response system for people in a housing crisis.

Any Riverside County resident who is homeless, or at-risk of losing housing, can call.

HomeConnect can help by connecting people to resources to avoid loss of housing, find financial and other resources, locate a suitable rental, and other services to assist in a housing crisis.

800-498-8847

HomeConnect@RUhealth.org



Homeless Outreach Teams Homeless Outreach is located county-wide and provide Housing Crisis Response & Support through:

Street Outreach & Engagement

Housing Crisis Plan
Development & Support

Linkage to Services & Resources

Housing Navigation

Outreach Requests: 800-498-8847 <u>HomeConnect@RUhealth.org</u>

CRISIS Expansion

- Clinical Behavioral Assessment Teams (CBAT)
 - Licensed Therapist paired with Sworn Law Enforcement officer
- Mobile Crisis Management Teams (MCMT)
 - Multidisciplinary Team responding to crisis at hospital, schools, homes, and the street





Permanent
Supportive Housing

Tenant-based and Project-based w/ locations in:

- Riverside
- Moreno Valley
- Perris
- Menifee
- Temecula (in development)
- Palm Springs (in development)
- Desert Hot Springs
- Thousand Palms

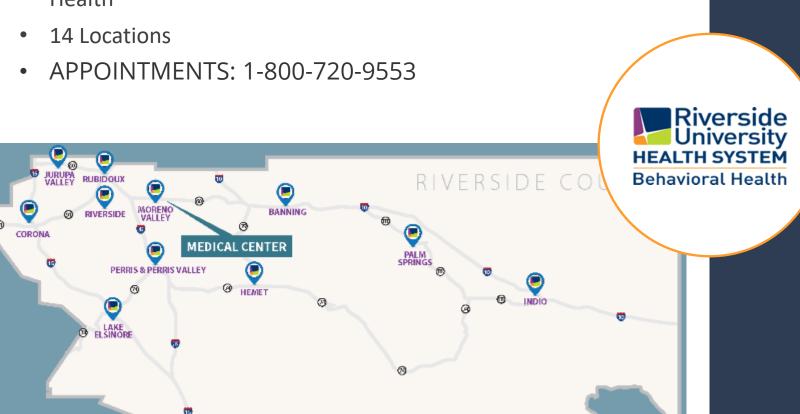
Referrals through
Coordinated Entry System
(CES) aka "HomeConnect"



Augmented Adult Residential Facilities (ARF) RUHS-BH Augmented Adult Residential Facilities provide housing, care, and services to consumers needing long-term support

Community Health Centers (CHC)

 Primary Care, Specialty Care, Dental and Mild Behavioral Health



Tips & Tricks

- Apply for Health Insurance
- Ask about Release of Information
- Communicate & Collaborate
- "Seek first to understand, then to be understood"
- Transitions Matter (move-in, after jail, after hospital, deaths, court proceedings, anniversaries)
- Use 911 if needed
- NARCAN (naloxone)





Riverside University Health System – Behavioral Health

Questions and Comments

Next Webinar: May 12, 2022

Foster Youth Awareness Month